

Pauline Suwandhi, M.D., MRCP(UK)

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EDUCATION AND TRAINING

- Geriatric Medicine Fellowship, Montefiore Medical Center – North Division, Bronx, NY 2011 – now.
- Internal Medicine Residency, Beth Israel Medical Center, New York, 2005-2008
- Internal Medicine Residency, National University Hospital, Singapore, 2000-2002.
- Internal Medicine Internship and Residency, Singapore General Hospital, Singapore, 1997-2000.
- Doctor of Medicine, Universitas Indonesia, Jakarta 1996.
- Bachelor of Medicine, Universitas Indonesia, Jakarta 1994.

RESEARCH EXPERIENCE

Research Fellow

July 2010-June 2011

Friedman Diabetes Institute

Beth Israel Medical Center, New York

- Involved in research projects :
 - The role of thiazolidinediones in bone metabolism,
 - The role of MAPK in steroidogenesis in human ovary,
 - Tumor protective effects of thiazolidinediones in breast cancer mouse model
- Taking care of daily maintenance of the laboratory
- Supervising residents and college students
- Attending scholarly activity in the division of Endocrinology

Research Assistant

April 2009-June 2010

Endocrinology Laboratory

Division of Endocrinology and Metabolism

Beth Israel Medical Center, New York

- Involved in research projects :
 - The role of MAPK in human ovarian cells
 - The role of vitamin D in human ovary
 - Effect of thiazolidinediones on ovarian steroidogenesis
- Taking care of maintenance of the laboratory
- Supervising residents and college students

Research Associate

July 2008-February 2009

Clinical Trials Unit

Division of Infectious Diseases

Beth Israel Medical Center, New York

- Screening potential patients for clinical trials
- Taking informed consent from eligible patients
- Recording data to the case report
- Communicating with study coordinator

Research Associate

April 2004-June 2005

Division of Digestive Diseases

Beth Israel Medical Center, New York

- Maintaining chronic liver diseases patients database
- Preparing paperwork for Institutional Review Board
- Helping residents and fellows with their research projects

CLINICAL TRAINING AND WORK EXPERIENCE

Internal Medicine Resident

July 2005-June 2008

Beth Israel Medical Center, New York

- Treating patients in general medicine floor
- Run outpatient clinic once a week
- Perform bedside procedures
- Supervise first year residents and medical students

Internal Medicine Resident

October 2000-August 2002

National University Hospital, Singapore

- Treat about 20-40 patient case-load per day with multiple medical problems in this tertiary university hospital with 928 acute inpatient hospital bed
- Run outpatient clinic once a week
- Do bedside procedures e.g. lumbar puncture, insert double lumen catheter, bone marrow aspiration and biopsy, pleural tap and peritoneal tap.
- Supervise interns and junior residents on bedside procedures

Internal Medicine Resident and Intern

October 1997-September 2000

Singapore General Hospital, Singapore

- Treat about 20-40 patient caseload per day with multiple medical problems in this tertiary university hospital with 1,400 acute inpatient hospital bed
- Run outpatient clinic once a week
- Do bedside procedures e.g. lumbar puncture, insert double lumen catheter, bone marrow aspiration and biopsy, pleural tap and peritoneal tap.
- Supervise interns and junior residents on bedside procedures

Junior Physician

February 1997-September 1997

Medistra Hospital, Jakarta, Indonesia

- Treated patients with multiple medical problem in 20-bed intensive care division

Medical Student Supervisor

August 1996 - February 1997

Atma Jaya Academic Hospital, Jakarta, Indonesia

- Supervise medical students on internal medicine floor

PUBLICATIONS

Peer Reviewed Journal Articles

Seth A, Pareek A, Sy V, Suwandhi P, Rosenwaks Z, Poretsky L, Seto-Young D. Thiazolidinediones (TZDs) Affect Osteoblast Growth and Biomarkers Independently of the TZD Effects on Aromatase. Submitted to Endocrinology.

Seto-Young D, Avtansky D, Varadinova M, Park A, **Suwandhi P**, Leiser A, Parikh G, Poretsky L. *Differential Roles of MAPK-Erk1/2 and MAPK-p38 in Insulin-like Growth Factor-1(IGF-1) Signalling Pathways for Progesterone Production in Human Ovarian Cells*. Horm Metab Res. 2011 Jun;43(6):386-90.

Lipp MJ, Broder A, Hudesman D, **Suwandhi P**, Okon SA, Horowitz M, Clain DJ, Friedmann P, Min AD. *Detection of Esophageal Varices Using CT and MRI*. Dig Dis Sci. 2011 Mar 6 [Epub ahead of print]

Seto-Young D, Avtansky D, Parikh G, **Suwandhi P**, Strizhevsky M, Araki T, Rosenwaks Z, Poretsky L. *Rosiglitazone and Pioglitazone inhibit estrogen synthesis in human granulosa cells by interfering with androgen binding to aromatase*. Horm Metab Res. 2011 Apr;43(4):250-6.

Parikh G, Varadinova M, **Suwandhi P**, Araki T, Rosenwaks Z, Poretsky L, Seto-Young D. *Vitamin D regulates steroidogenesis and insulin-like growth factor binding protein-1 (IGFBP-1) production in human ovarian cells*. Horm Metab Res. 2010 Sep;42(10):754-7.

Gopal K, Johnson TC, Gopal S, Walfish A, Bang CT, **Suwandhi P**, Pena-Sahdala HN, Clain DJ, Bodenheimer HC Jr., Min AD. *Correlation between beta-lipoprotein levels and outcome of hepatitis C treatment*. Hepatology. 2006 Aug;44(2):335-40.

Abstracts/Poster Presentations

Suwandhi P, Pareek A, Seth A, Sy V, Kim SY, Branis N, Seto-Young D, Poretsky L. *Effect of Thiazolidinediones on Osteoblast Biomarkers*. Poster presented at 93rd Endocrine Society Meeting June 2011; Boston, MA.

Seth A, **Suwandhi P**, Feng Y, Seto-Young D, Poretsky L. *Thiazolidinedione Inhibit Bone Turnover*. Poster presented at 92nd Endocrine Society Meeting June 2010; San Diego, CA.

Lipp MJ, **Suwandhi P**, Hudesman D, Okon SA, Horowitz M, Clain DJ, Min AD. *Evaluation of Esophageal Varices using CT and MRI in Comparison with Endoscopy*. Poster presented at Digestive Diseases Week Annual Meeting May 2009; Chicago, IL.

Gopal K, Benias P, **Suwandhi P**, Meyer D, Bodenheimer HC Jr., Min AD. *Serum Beta Lipoprotein Levels and Outcome of Hepatitis C Virus (HCV) Treatment in HIV Co-infected Patients*. Poster presented at American Association for the Study of Liver Diseases Annual Meeting November 2008; San Francisco, CA.

Suwandhi P, Gopal K, Benias P, Wong C, Meyer D, Bodenheimer HC Jr., Min AD. *Treatment Rates of Hepatitis C Virus (HCV) among Patients coinfecting with HIV Over the Past Decade in an Urban Medical Center*. Poster presented at American Association for the Study of Liver Diseases Annual Meeting November 2008; San Francisco, CA.

Gopal K, **Suwandhi P**, Broder A, Bodenheimer HC Jr., Min AD. *Treatment after Liver Biopsy in Patients with Hepatitis C Virus (HCV) and HIV Co-infection*. Poster presented at Digestive Diseases Week May 2008; San Diego, CA.

Walfish A, Augello SA, **Suwandhi P**, Narasimhan G, Lee C, Clain DJ, Bodenheimer HC Jr., Min AD. *Average Risk Screening Colonoscopy in the Elderly : Outcome of Screening at age 75 years and above*. Poster presented at American College of Gastroenterology Annual Meeting November 2005; Honolulu, HI.

Johnson TC, **Suwandhi P**, Lieberman M, Walfish A, Gopal K, Kryszak D, Fasano A, Clain DJ, Bodenheimer HC Jr., Brar P, Brown R, Green PH, Min AD. *Prevalence of Celiac Disease in Hepatitis C Patients in Manhattan*. Poster presented at American College of Gastroenterology Annual Meeting 2005; Honolulu, HI.

Gopal K, Johnson TC, Gopal S, Walfish A, Bang CT, **Suwandhi P**, Pena-Sahdala HN, Clain DJ, Bodenheimer HC Jr., Min AD. *Correlation between lipid profile and outcome of hepatitis C treatment*. Poster presented at Digestive Diseases Week Annual Meeting May 2005; Chicago, IL.

Walfish A, Danesh B, Augello SA, Narasimhan G, **Suwandhi P**, Bang C, Min AD. *Practice Patterns and Outcomes of Simultaneous Upper and Lower Endoscopy*. Accepted for Digestive Diseases Week Annual Meeting May 2005; Chicago, IL.

Danesh B, Kim J, Labowitz DA, Darvatgarzadeh A, **Suwandhi P**, Walfish A, Grosman I, Clain DJ, Bodenheimer HC Jr., Min AD. *Accuracy of APRI in predicting significant hepatic fibrosis and cirrhosis in patients with chronic hepatitis C and HIV co-infection*. Accepted for Digestive Diseases Week Annual Meeting May 2005; Chicago, IL.

Oral Presentation

Suwandhi P, Pareek A, Seth A, Sy V, Poretsky L, Seto-Young D. *Thiazolidinediones and Bone Metabolism : an in-vitro study*. Presented at Grand Round Division of Endocrinology and Metabolism, Beth Israel Medical Center, NY, January 2011.

Walfish A, **Suwandhi P**, Bang CT, Meyer D, Clain DJ, Bodenheimer HC Jr., Min AD. *Recent Treatment Regimen and Response to Antiviral Therapy in Chronic Hepatitis B*. Presented at Bristol Myers Squibb Virology Fellows Research Program, June 2005.

LICENSES, CERTIFICATIONS AND MEMBERSHIP

NY State License

ready for processing

American Board of Internal Medicine

certification August 2008

ECFMG (Education Commission of Foreign Medical Graduates)

Certification April 2004

USMLD Step 1	passed September 2003
USMLE Step 2 CK	passed August 1997
CSA	passed February 2004
USMLE Step 3	passed June 2004

National Institute of Health

Human Participants Protection Education for Research Teams – April 2004

Membership in Professional Societies :

American College of Physicians
Endocrine Society
Royal College of Physicians, London, UK.

Hobbies and Interests

Drawing, music, sports and cooking

Other awards/achievements

graduated with cum laude 1st year medical school (1991)
graduated with distinction 3rd year medical school (1993)

Languages

Indonesian, simple Spanish