

CURRICULUM VITAE
LEONID PORETSKY, M.D.

12/15/2023

ADDRESS:

Home: 1025 Fifth Avenue, #8ES
New York, N.Y. 10028

Business: Northwell Health – Lenox Hill Hospital
100 East 77th Street
New York, N.Y. 10075

TELEPHONE:

(212) 434-4972 (office)

PLACE OF BIRTH:

Leningrad, Russia (USSR)

CITIZENSHIP:

United States, 1985
Immigrated to U.S.A. in 1979

MEDICAL SCHOOL:

1971 - 1977

M.D., Cum Laude
First Medical Institute
Leningrad, Russia (USSR)

CURRENT POSITIONS:

2014 – Present

Chief, Division of Endocrinology
Associate Chairman for Research, Department of Medicine
Northwell Health– Lenox Hill Hospital
New York, New York 10075

Professor of Medicine
Donald and Barbara Zucker School of Medicine at Hofstra Northwell
Professor, Feinstein Institutes for Medical Research

PREVIOUS HOSPITAL APPOINTMENTS:

2000 – 2014

Interim Chairman, Department of Medicine (2014)
Chief, Division of Endocrinology & Metabolism (2000)
Gerald J. Friedman Chair in Endocrinology (2004)
Program Director, Fellowship in Endocrinology and Metabolism (2000)
Director, Gerald J. Friedman Diabetes Institute (2007)
Research Integrity Officer (2012)
Mount Sinai Beth Israel
New York, New York

2012 – 2014

Vice-Chairman for Research, Department of Medicine
Mount Sinai Beth Israel
New York, New York

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1995 - 2000
Director, Diabetes Center
Associate Director, General Clinical Research Center
Professor of Medicine and Gynecology (1999)
New York Hospital/Cornell Medical Center
New York, New York

1989 - 1995
Chief, Division of Endocrinology and Metabolism,
Cabrini Medical Center
New York, New York

1985 - 1989
Head, Diabetes Section
Division of Endocrinology and Metabolism
Department of Medicine
Beth Israel Medical Center
New York, New York

1983 - 1985
Fellow in Endocrinology,
Beth Israel Hospital
Harvard Medical School
Boston, Massachusetts

1983-1985
Physician (part-time),
Joslin Diabetes Center,
Boston, Massachusetts

1982 - 1983
Chief Resident in Medicine,
Coney Island Hospital,
Brooklyn, New York

1980 - 1982
Resident in Medicine,
Coney Island Hospital,
Brooklyn, New York

1978 - 1979
Physician, Medical Emergency Station
Leningrad, Russia (USSR)

1977 - 1978
Physician,
Department of Internal Medicine
State Hospital Number 21
Leningrad, Russia (USSR)

PREVIOUS MEDICAL SCHOOL APPOINTMENTS:

2000-2014
Professor of Medicine, Albert Einstein College of Medicine (2000)
Professor of Medicine, Icahn School of Medicine at Mount Sinai (2014)

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- 1999- 2000 Professor of Medicine and Gynecology
Weill Medical College of Cornell University
New York, New York
- 1995 - 1999 Associate Professor of Medicine and Gynecology
Cornell University Medical College
New York, New York
- 1990 - 1995 Associate Professor of Medicine
New York Medical College
Valhalla, New York
- 1989 - 1990 Associate Professor of Medicine
Mt. Sinai School of Medicine
City University of New York
New York, New York
- 1985 - 1989 Assistant Professor of Medicine
Mt. Sinai School of Medicine
City University of New York
New York, New York

POSTDOCTORAL TRAINING:

- 2003 Medical Informatics MBL/NLM Course Fellow
Marine Biological Laboratory
Sponsored by the National Library of Medicine
Woods Hole, Massachusetts
- 1983 - 1985 Research Fellow in Medicine,
Harvard Medical School,
Charles A. Dana Research Institute and
The Harvard-Thorndike Laboratory.
Fellow in Endocrinology and Diabetes,
Boston's Beth Israel Hospital, with clinical duties at Brigham Medical Group
and Harvard Community Health Plan, Boston, Massachusetts
- 1982 - 1983 Chief Resident,
Department of Medicine,
Coney Island Hospital,
Brooklyn, New York
- 1980 - 1982 Resident in Medicine,
Coney Island Hospital,
Brooklyn, New York

LICENSURE AND CERTIFICATION:

1985 Diplomate
American Board of Endocrinology and Metabolism
Cert. # 90042

1983 Diplomate, American Board of Internal Medicine Cert. # 90042

1996 Pennsylvania State License Registration #MD - 057239-L

1983 New York State License Registration # 155121-1

1983 Massachusetts License Registration # 51042

1982 California License Registration # A39257

1981 Maryland License Registration # D26936

1981 FLEX Examination passed June, 1981

1980 ECFMG Certificate # 314376-6

TEACHING EXPERIENCE:

2014 - Present Chief, Division of Endocrinology, Diabetes and Metabolism
Associate Chairman for Research, Department of Medicine
Lenox Hill Hospital
Professor of Medicine, Donald and Barbara Zucker School of Medicine at Hofstra
Northwell and Feinstein Institute for Medical Research
Teaching rotating high school, college and medical students; mentoring residents in
medicine and fellows in endocrinology. Co-Director, weekly divisional conferences
and annual Feinstein Institute research symposia "Diabetes, endocrinology and
metabolic disorders."

2000-2014 Chief, Division of Endocrinology and Metabolism,
Beth Israel Medical Center.
Teaching medical students, residents and fellows.
Program Director for the fellowship training program.

1995- 2000 Director, Diabetes Center, New York Hospital-
Cornell Medical Center, New York, NY
Faculty Member for the following problem based learning (PBL) courses: "Human
Structure and Function" and "From Molecules to Cells". Preceptor for the triple jump
examination (2nd year medical students). Writing questions for the pathophysiology
examination (2nd year medical students). Lectures for medical students: "Type 1
diabetes mellitus" and "Insulin and glucagon." Endocrine grand rounds: "Role of
insulin and insulin-like growth factors in ovarian function" and "Polycystic ovary

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syndrome.” Medical grand rounds: “Syndromes of insulin resistance.” Teaching residents and fellows in clinical setting (attending ward physician in internal medicine and endocrinology; attending physician in the endocrine clinic and high-risk pregnancy clinic). Member, Cornell University Medical College Department of Medicine Postgraduate Education Advisory Committee and Update in Medicine Committee. Lectures throughout New York Metropolitan area on the topic of insulin resistance (Columbia University, New York University School of Medicine, Mount Sinai School of Medicine, Albert Einstein College of Medicine).

- 1989 - 1995 Chief, Division of Endocrinology and Metabolism
Cabrini Medical Center, New York, NY
Rounds with housestaff and medical students in endocrinology & internal medicine. Organizing endocrine conferences and board review courses for residents. Organizing inter-institutional endocrine grand rounds, (Cabrini Medical Center, St. Vincent Medical Center, Rogosin Institute). Lecturing on insulin receptor disorders and endocrinological aspects of AIDS.
- 1985 - 1989 Head, Diabetes Section Beth Israel Medical Center, New York, NY
Conducting rounds with housestaff and medical students; responsible for weekly endocrine grand rounds and monthly research conferences. Lecturing on insulin receptor disorders.
- 1983 - 1985 Fellow in Endocrinology and Metabolism, Boston’s Beth Israel Hospital and Harvard Medical School
While on clinical service, supervised students and residents rotating through the service; presented endocrine grand rounds on the following subjects: Lipotropic diabetes; Insulin receptors in health and disease; and Insulin effects in the ovary.
- 1982 - 1983 Chief Resident, Department of Medicine, Coney Island Hospital, Brooklyn, New York
Teaching residents in a clinical setting; conducting daily MICU rounds and weekly clinical conferences.
- 1982 - 1983 Preceptor for Physical Diagnosis Course, Sophie Davis School of Biomedical Education, City University of New York.
- 1971 - 1977 Teaching biology course for premedical students,
First Medical Institute, Leningrad, Russia (USSR).

COMMITTEE MEMBERSHIPS:

Member, Department of Medicine Website Development Committee, Lenox Hill Hospital, New York, New York

Member, Northwell Health Department of Medicine and Medicine Service line (MSL) Research Executive Committee (DRC)

Member, Northwell Health Department of Medicine Clinical Trials Committee (system-wide), Lenox Hill Hospital, New York, New York

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Committee on Scholarly Activities, Mount Sinai Beth Israel, New York, New York

Department of Medicine Division Chiefs, Mount Sinai Beth Israel, New York, New York

Diabetes Care Enhancement Initiative Committee, Beth Israel Medical Center, New York, New York

MAJOR RESEARCH INTERESTS:

Mechanisms of insulin and insulin-like growth factor action in the ovary; endocrinological aspects of AIDS; clinical outcomes in diabetes.

Grant Support:

- 2022 Mentor - Thyroid neoplasia in LatinX patients from an underserved background. Sponsor: NY State Department of Health, Empire Clinical Research Program (ECRIP). Direct costs: \$574,166.00. Principal Investigators: Emilia P. Liao, MD and Jose G. Sanchez E., MD.
- 2022 – Ongoing Co-Investigator – Effects of Synthetic mono-carbonyl curcumin analogues on diabetes modulation of oxidative stress and inflammation. Sponsor: Barbara and Donald Zucker Grant Program for Lenox Hill Hospital/MEETH. Principal Investigator: Dimitar Avtanski, PhD.
- 2021 – Ongoing Principal Investigator – The role of irisin in human reproduction. Sponsor: Barbara and Donald Zucker Grant Program for Lenox Hill Hospital/MEETH.
- 2021 – Ongoing Co-Investigator – Investigation of the molecular mechanisms by which hypoxia modulates cytokine secretion in breast cancer cells. Sponsor: Barbara and Donald Zucker Grant Program for Lenox Hill Hospital/MEETH. Principal Investigator: Dimitar Avtanski, PhD.
- 2020 – Ongoing Principal Investigator - The role of irisin and other cytokines in ovarian physiology Sponsor: Katz Institute for Women’s Health Innovation Grants Program.
- 2020 – Ongoing Co-Investigator - Reliability of the Freestyle Libre CGM in the inpatient setting during the COVID-19 surge. Sponsor: Friedman Diabetes Institute. Principal Investigator: Renee Murray-Bachmann, DP
- 2019 - Ongoing Mentor (Lenox Hill Hospital) – “Transgender Health Aging Study and Registry” – NY State Department of Health, Empire Clinical Research Program (ECRIP). Direct costs \$574,166.00.
- 2018 – Ongoing Lorraine Allen Research Fund.
- 2017 - Ongoing Site Principal Investigator – Role of CAP1 in mediating resistin action in obesity-induced insulin resistance. Gerald J. and Dorothy R. Friedman New York Foundation for Medical Research.
- 2016 – Ongoing Director - The Gerald J. Friedman Transgender Program for Health & Wellness (The

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Gerald J. and Dorothy R. Friedman New York Foundation for Medical Research).

- 2007 – Ongoing Director - The Gerald J. Friedman Diabetes Institute (The Gerald J. and Dorothy R. Friedman New York Foundation for Medical Research).
- 2019 – 2021 Site Co-Investigator – Novo Nordisk (Site Principal Investigator – Dr. Yael Harris): Long Term Comparative Effectiveness of once weekly semaglutide versus standard of care in a real world adult US Population with type 2 diabetes – A randomized pragmatic clinical trial.
- 2017 – 2019 Site Co-Investigator – Novartis (Site-Principal Investigator – Dr. John Boockvar): A Phase III, multi-center, randomized, double blind, 48 week study with an initial 12 week placebo-controlled period to evaluate the safety and efficacy of osilodrostat in patients with Cushing’s disease.
- 2017 - 2019 Project Director (Lenox Hill Hospital) – “Obesity as a multifactorial disease: Energy metabolism, insulin resistance, microbiome and endoscopic bariatric intervention in human obesity” – NY State Department of Health, Empire Clinical Research Program (ECRIP). Direct costs \$698,888.
- 2015 – 2017 Site Principal Investigator – “The effect of structured outpatient diabetes program on hospital readmission rates in patients with diabetes” - NY State Department of Health, Empire Clinical Research Investigation Program (ECRIP). Initially funded 2015-2017, direct costs \$150,000.00.
- 2017 - 2019 Site Principal Investigator – Sanofi: Sotagliflozin compared to empagliflozin and placebo in patients with type 2 diabetes who have inadequate glycemic control on Dipeptidyl Peptidase 4 Inhibitor (DPP4I) with or without metformin -a multicenter clinical trial.
- 2017 - 2019 Site Principal Investigator – Sanofi: The SCORED Trial, a randomized, double blind, placebo-controlled, parallel-group, multicenter study to demonstrate the effects of sotagliflozin on cardiovascular and renal events in patients with type 2 diabetes, cardiovascular risk factors and moderately impaired renal function, a multi-center clinical trial.
- 2016 – 2019 Site Co-Investigator (Lenox Hill Hospital); NIDDK Grant Number UO1 DK098245-03. Vitamin D and type 2 diabetes (D2d study). Principal Investigator: Anastassios G. Pittas, MD, Tufts University. IRB No. HS16-0144.
- 2016 – 2017 Site Principal Investigator -Sanofi: A Phase IV randomized, open-label, parallel group real world pragmatic trial to assess the clinical and health outcomes of Toujeo compared to commercially available basal insulins for initiation of therapy in insulin naïve patients with uncontrolled type 2 diabetes mellitus.
- 2016 – 2017 Site Principal Investigator - Novartis: A multi-center, randomized, open-label, Phase IV study to investigate the management of pasireotide-induced hyperglycemia with incretin based therapy or insulin in adult patients with Cushing’s disease or acromegaly.

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- 2014 Satellite Principal Investigator (Beth Israel); NIDDK Grant Number NCT02017171. Preventing Early Renal Loss in Diabetes (PERL): A multicenter clinical trial of allopurinol to prevent GFR loss in type 1 diabetes. Principal Investigator: Alessandro Doria, MD PhD MPH, Joslin Diabetes Center. Direct Cost: \$315,850.00.
- 2013 – 2014 Site Principal Investigator (Beth Israel); NIDDK Grant Number U01DK098245 (implementation phase). Vitamin D and type 2 diabetes (D2d study). Principal Investigator: Anastassios G. Pittas, MD, Tufts University. Direct Cost: \$153,583.00 .
- 2012 – 2013 Site Principal Investigator (Beth Israel); Genzyme Inc., Mount Sinai Medical Center. Multi-center study of the effect of Sevelamer carbonate on metabolic/inflammatory/reactive oxygen species markers in diabetes patients with nephropathy. Principal Investigator: Gary Striker, MD, Mount Sinai Medical Center. Direct Cost: \$119,844.00.
- 2011 – 2013 Co-Investigator, NIH National Center for Minority Health and Health Disparities, Bronx Center to Reduce and Eliminate Ethnic and Racial Health Disparities, Albert Einstein College of Medicine. Activating people for disease prevention and lifestyle change through empowerment (APPLE). Principal Investigator: Alison Karasz, Ph.D., Albert Einstein College of Medicine.
- 2011- 2012 Co-investigator; NIDDK Grant Number U34DK091958 (planning phase). Vitamin D for prevention of type 2 Diabetes (D2D study). Principal Investigator: Anastassios Pittas, MD, Tufts University. Direct Cost: \$161,463.00.
- 2009 – 2014 Advisor; NIH #K07AT004570-01A2. Academic career development award in Complementary and Alternative Medicine Research and Education. Principal Investigator: Benjamin Kligler, MD, MPH, Beth Israel Medical Center.
- 2009 – 2011 Co-investigator; Chinese American Medical Society and Chinese American Independent Practice Association Research Fund. Genetic markers for increased risk of gestational diabetes in Chinese-Americans. Principal Investigator: Donna Seto-Young, Ph.D, Beth Israel Medical Center.
- 2011 – 2012 Site Principal Investigator; United Hospital Fund. Health coaches—assist patients with diabetes in managing their illness and help them navigate the health care system. Direct Cost: \$37,830.00.
- 2009 – 2011 Sponsor/Mentor; Empire Clinical Research Investigator Program, New York State Department of Health. The Role of Thiazolidinediones in Bone Metabolism.
- 2008 - 2010 Site Principal Investigator; Queens/South Asian Action for Diabetes Education Program and Treatment (ADEPT), New York State Health Foundation. Direct Cost: \$269,803.
- 2008 – 2010 Sponsor/Mentor; Empire Clinical Research Investigator Program, New York State Department of Health. Effects of exenatide in overweight patients with polycystic ovary syndrome (PCOS) and role of exenatide in human ovarian regulation.

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- 2008 – 2014 Site Principal Investigator; A pilot randomized controlled trial to evaluate the effects of education programs, including an interactive web site, on clinical outcomes in patients with diabetes. Gerald J. Friedman Diabetes Institute.
- 2002 – 2014 Site Principal Investigator; Gerald J. Friedman Foundation. Receptor mechanisms of insulin and insulin-like growth factors in ovarian function.
- 2004 - 2008 Site Principal Investigator; Glaxo-SmithKline, Inc. The effect of thiazolidinediones on inflammatory markers and outcomes in patients undergoing coronary artery bypass graft surgery.
- 2006 – 2008 Sponsor/Mentor; Empire Clinical Research Investigator Program, New York State Department of Health. Administration of Vitamin D analog to new onset type 1 diabetes mellitus patients to restore pancreatic cell function.
- 2005 – 2007 Investigator/Mentor; Empire Clinical Research Investigator Program, New York State. Comparison of the effect of oral contraceptive agents, spironolactone, metformin and rosiglitazone on plasma androgen levels and clinical manifestations of hyperandrogenesim in women with polycystic ovary syndrome.
- 2004 – 2006 Sponsor/Mentor; Empire Clinical Research Investigator Program, New York State. Vitamin D deficiency and insulin resistance.
- 2003 – 2005 Sponsor/Mentor; Empire Clinical Research Investigator Program, New York State. The use of intensive insulin therapy in diabetic and non-diabetic individuals undergoing coronary artery bypass graft surgery.
- 2002 – 2004 Site Principal Investigator; Pharmacia, Inc. Role of thiazolidinediones in the human ovary.
- 2000 – 2006 Site Principal Investigator (Beth Israel Medical Center); ADOPT trial; Glaxo-Smith-Kline, Inc.
- 2000 – 2005 Co-investigator; NIH R01-MH60563. DHEA effects on mood in HIV positive patients. Principal Investigator: Judy Rabkin, Ph.D., Columbia University.
- 2000 – 2002 Site Principal Investigator; Singer/Hellman Award. Receptor mechanisms of insulin action in the human ovary.
- 1998 – 2000 Site Principal Investigator; NICHD R03 5618-01A1: Receptor mechanisms of insulin-like growth factor II action in the ovary.
- 1999 – 2000 Co-Investigator; N01-HC-95184 (NHLBI-NIDDK) Prevention of Cardiovascular Disease in Diabetes Mellitus. Principal Investigator: J. Thomas Bigger, M.D., Columbia University.
- 1995 – 2000 Cornell University Medical College General Clinical Research Center, Associate Program Director; NIH Grant #M01 RR 00047-35.
- 1996 – 2000 Clinical trial of pioglitazone in diabetes, Takeda, Inc.
- 1997 – 2000 Combination trial of metformin and sulfonurea in diabetes, Bristol-Myers, Inc.

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- 1987 – 1992 Site Principal Investigator,
NIH – Grant #R29-HD22738, *Role of Insulin and Insulin-like Growth Factors in Ovarian Function*.
- 1986 – 1988 Site Principal Investigator,
United Parcel Service Research in Medicine Award; *Role of Insulin in Ovarian Function*.
- 1989 – 1990 Site Principal Investigator,
Herbert Singer Collaborative Research Award at Beth Israel Medical Center: *Animal Model of Polycystic Ovary Syndrome*.
- 1989 – 1990 Co-Principal Investigator,
Insulin Receptor Abnormalities in Polycystic Ovary Syndrome NIH-Grant #R01DK40605.
- 1989 – 1995 Site Principal Investigator
Roberto Pope Endocrinology Research Fund at Cabrini Medical Center: *Role of insulin and insulin-like growth factors in ovarian functions*
- 1992 – 1994 Site Principal Investigator,
Diabetes Length of Stay Reduction Project,
United Hospital Fund of New York
- 1992 – 1994 Site Principal Investigator,
Diabetes and Metabolism Unit Project,
Fan Fox Leslie R. Samuels Foundation

RESEARCH-RELATED ACTIVITIES:

- 2023 Grant reviewer, Health Research Council of New Zealand
- 2015- present Series Editor, “Contemporary endocrinology”, Springer, Inc.
- Köhler TS and McVary KT, Editors, “Contemporary treatment of erectile dysfunction: A clinical guide”, 2nd ed, 2016, Springer, Inc. ISBN-10: 3319315854.
- Pacak K and Taïeb D, Editors, “Diagnostic and therapeutic nuclear medicine for neuroendocrine tumors”, 2017, Springer, Inc. DOI 10.1007/978-3-319-46038-3.
- Winters SJ and Huhtaniemi IT, Editors, “Male hypogonadism: Basic, clinical and therapeutic principles”, 2nd ed, 2017, Springer, Inc. DOI 10.1007/978-3-319-53298-1.
- Liao EP, Editor, “Extraskelatal effects of vitamin D,” 2018, Springer, Inc. DOI 10.1007/978-3-319-73742-3.
- Levine AC, Editor, “Adrenal disorders: Physiology, pathophysiology and treatment,” 2018, Springer, Inc. DOI10.1007/978-3-319-62470-9.
- Gharib H, Editor, “Thyroid nodules: Diagnosis and management,” 2018, Springer, Inc., DOI 10.1007/978-3-319-59474-3.
- Freemark MS, Editor, “Pediatric Obesity: Etiology, pathogenesis and treatment,”

2018, Springer, Inc., DOI 10.1007/978-3-319-68192-4.

Lansberg L, Editor, "Pheochromocytomas, paragangliomas and disorders of the sympathoadrenal system," 2018, Springer, Inc., DOI 10.1007/978-3-319-77048-2.

DeLeon-Crutchlow DD and Stanley CA, Editors, "Congenital hyperinsulinism: A practical guide to diagnosis and management," 2019, Springer, Inc., DOI 10.1007/978-3-030-02961-6.

Kohn B, Editor, "Pituitary disorders of childhood: Diagnosis and Clinical Management," 2019, Springer, Inc., DOI 10.1007/978-3-030-11339-1.

Poretsky L and Hembree WC, Editors, "Transgender medicine: A multidisciplinary approach," 2019, Springer, Inc., DOI 10.1007/978-3-030-05683-4.

Tritos NA, Klibanski A, Editors, "Prolactin Disorders: From Basic Science to Clinical Management." 2019, Springer, Inc., ISBN 978-3-030-11835-8.

Hackney AC, Constantini N (Eds). "Endocrinology of Physical Activity and Sport." Humana Press, 2020, ISBN 978-3-030-33375-1.

Leder BZ, Wein MN (Eds). "Osteoporosis: Pathophysiology and Clinical Management." Humana Press, 2020, ISBN 978-3-319-69286-9.

Zeitler PS, Nadeau KJ (Eds). "Insulin Resistance: Childhood Precursors of Adult Disease." Humana Press, 2020, ISBN 978-3-030-25055-3.

Loriaux L, Vanek C, Editors, "Endocrine Emergencies: Recognition and Treatment." 2021, Springer, Inc., ISBN 978-3-030-67454-0.

Tamborlane W, Editor, "Diabetes in Children and Adolescents: A Guide to Diagnosis and Management." Humana Press, 2021, ISBN 978-3-030-64132-0.

Uwaifo GI, Editor, "The Human Hypothalamus: Anatomy, Dysfunction and Disease Management." Humana Press, 2021, DOI 10.1007/978-3-030-62187-2.

Donovan Walker M, Editor, "Hypercalcemia: Clinical Diagnosis and Management." Humana Press, 2022, DOI 10.1007/978-3-030-93182-7.

Blevins Jr LS, Aghi MK, Editors, "Acromegaly: A Guide to Diagnosis and Treatment." Springer Cham, 2022, DOI 10.1007/978-3-031-16258-9.

Chung PH, Rosenwaks Z, Editors, "Problem-Focused Reproductive Endocrinology and Infertility." Springer Cham, 2023, <https://doi.org/10.1007/978-3-031-19443-6>.

Myers AK, Editor, "Diabetes and COVID-19: Considerations and Clinical Management." Springer Cham, 2023, <https://doi.org/10.1007/978-3-031-28536-3>.

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- 1997 – present Reviewer of Grants, Endocrine Fellows' Foundation
- 1987 - present Reviewer of manuscripts at various time periods:
Journal of Clinical Endocrinology and Metabolism
Metabolism
Transplantation
Obesity Research
Fertility & Sterility
Endocrine Practice
- 2014 Guest Editor, *Endocrine Clinics of North America*, special issues,
"Complications of diabetes" and "Diabetes and its associated conditions".
- 2010 – 2014 Editorial Board, *International Scholarly Research Network Endocrinology*
Editorial Board, *World Journal of Diabetes*
- 2008 - 2018 Editorial Board, *Journal of Diabetes*
- 2008 – 2012 Editorial Board, *Journal of Clinical Endocrinology and Metabolism*
- 1997 – 2008 Advisory Boards:
National Diabetes Education Initiative (Parke-Davis)
National Endocrinology Consultants Initiative (Bayer)
Women's Health Initiative (Parke-Davis)
Rosiglitazone Advisory Board (Smith-Kline/Beecham)
Basal Insulin Advisory Board (Hoechst-Marion-Roussel)
National ACTOS Advisory Board (Lilly/Takeda)
Diabetes Consultant Panel Member (Aventis)
- 1996 – 2006 Board of Directors, Metropolitan Diabetes Society
New York, New York
- 1994 Reviewer of Grants, International Science Foundation
- 1992 Member, Specialized Population Research Center site visit team, University of
California, San Diego, NICHD, NIH
- 1992 Reviewer of grants, Medical Research Council, United Kingdom
- 1991 Member, Cooperative Specialized Infertility Center Program Panel, NICHD, NIH
- 1987 Member, Special Review Committee Reproductive Disorders of Women National
Institute of Child Health and Human Development (NICHD)

SELECTED INVITED LECTURES AND PANELS:

11th International Symposium on Immunology of Reproduction of the International Coordination Committee for Immunology of Reproduction. Topic: Insulin and peroxisome proliferators-activated

receptor- γ signaling in the human ovary: Basic mechanism and clinical implications. Varna, Bulgaria, June 2-4, 2006. Presented by Donna Seto-Young, Ph.D.

International Symposium on PCOS in Harbin China, August, 2006. Topic: Insulin and peroxisome proliferators-activated receptor- γ signaling in the human ovary: Basic mechanism and clinical implications. Presented by Donna Seto-Young, Ph.D.

Global Health Care Conference. Topic: Diabetes. New York, May 22-24, 2007.

Session Chair, "Androgenic disorders in women," the 89th Annual Meeting of the Endocrine Society, Toronto, Canada, June 2-5, 2007.

Guest Expert, "1st World Congress on Interventional Therapies for Type 2 Diabetes," New York, New York, September 15-16, 2008.

Visiting Professor, "Combined Adult-Pediatric Endocrine Grand Rounds," Mattel Children Hospital at UCLA, David Geffen School of Medicine at UCLA, California, September 24, 2008

Guest Speaker, "Shanghai International Medical Development Forum on Family Medicine 2012," Shanghai, China, May 10-11, 2012.

Distinguished International Faculty, "8th International Symposia on Diabetes 2013", Delhi, Kolkata, Chennai, Mumbai, India, January 18-26, 2013.

Invited Lecturer, American Association of Clinical Endocrinologists (AACE) Philippines Chapter, Cebu, Philippines, August 1-3, 2013.

Invited Lecturer, Tokyo Medical and Dental University, Tokyo, Japan, December 10, 2013.

Invited Lecturer, Department of Medicine Grand Rounds at Mount Sinai Medical Center, "PCOS Update 2014", New York, January 7, 2014.

Invited Lecturer, Combined MKSCC/Cornell Endocrine Grand Rounds, "Insulin and the ovary: Update 2014", New York, January 8, 2014.

Invited Lecturer, 4th International Congress of Gynaecology and Obstetrics 2016. Topic: Insulin and the Ovary: Update 2016. Barcelona, Spain, May 28-30, 2016.

Session Chair, "Polycystic ovary syndrome," 4th International Congress of Gynaecology and Obstetrics 2016, Barcelona, Spain, May 28-30, 2016.

Invited Lecturer, "Pathway to wellness: Men's health panel and health fair," The United Nations, New York, NY, August 29, 2017.

Invited Speaker, "Health and Society Roundtable" Human Rights Conference for Pride, SUNY Global Center, New York, NY, June 14, 2018.

Invited Lecturer, "Advances in Specialty Care", multidisciplinary symposium, Bermuda (U.K.), September 15, 2018.

Panel Leader/Moderator, "Transgender Care Expert Panel," LGBT Community Center, New York, NY, May 30, 2019.

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Presenter, “Lenox Hill Greenwich Village Friedman Transgender Program Presentation,” Lenox Hill Greenwich Village Hospital, June 4, 2019.

Moderator, “Transgender Care Expert Panel,” 2019 Heritage of Pride Human Rights Conference -New York Law School in Tribeca, New York, NY, June 25, 2019.

Panel Leader/Moderator, “Transgender Care and Society,” The United Nations, New York, NY, June 28, 2019.

Presenter, “Polycystic Ovary Syndrome – Clinical Manifestations, Pathogenesis, and Implications for Gender Identity”, Working Group on Gender, NYS Psychiatric Institute, and Department of Psychiatry Columbia University Vagelos College of Physicians & Surgeons, New York, NY, January 17, 2020.

Guest Speaker, “Emerging Diabetes Technologies, National Conference,” UBS Investment Bank, New York, NY, February 21, 2020.

Organizer/Moderator, “The Effects of Gender-Affirming Hormone Therapy on Cardiovascular and Skeletal Health in Transgender Individuals: Review of the Literature,” Working Group on Gender, NYS Psychiatric Institute, and Department of Psychiatry, Columbia University Vagelos College of Physicians & Surgeons, New York, NY, September 25, 2020.

Organizer/Moderator, “First Annual Friedman Transgender Care Conference at Lenox Hill/Northwell Health,” Lenox Hill Hospital, New York, NY, October 30, 2020.

Moderator, “Health Track,” 2021 Heritage of Pride Annual Human Rights Conference (Virtual) – New York, NY, June 21-23, 2021.

Lecturer, “Progestogens in Transgender Care,” 2021 Philadelphia Trans Wellness Conference (Virtual), Philadelphia, PA, July 22-24, 2021.

Moderator, “Resident Research Workshops and Fair”, Lenox Hill Hospital, New York, NY, September 30, 2021.

Lecturer, “Insulin Receptor Disorders: Understanding Insulin Resistance through Experiments of Nature”, LHH Department of Medicine Grand Rounds (Virtual) – New York, NY, October 1, 2021.

Lecturer, “Insulin Receptor Disorders: Understanding Insulin Resistance Through Experiments of Nature” (Virtual), Phelps and Northern Westchester Hospital Grand Rounds/Northwell Health, New York, NY, February 25, 2022.

Planner, “Resident Research Workshops and Fair”, Lenox Hill Hospital, New York, NY, December 7, 2022.

PROFESSIONAL SOCIETIES:

1985 American Diabetes Association
1987 International Diabetes Federation

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1988 American Association for the Advancement of Science
The Endocrine Society
1994 American Association of Clinical Endocrinologists
1996 Metropolitan Diabetes Society, founding Board member

BEST DOCTORS LISTINGS:

New York Magazine
The New York Times Magazine
U.S. News and World Report
Castle Connolly Medical Limited

RECENT HONORS AND AWARDS:

April 2, 2018 *2018 Rosie Award* for advancing diversity; Amas Musical Theatre 49th Season Benefit Event

2019 - 2023 Lenox Hill Hospital was ranked in top 50 nationally for Diabetes & Endocrinology – US News and World Report.

2023 Top 5% publication citations by Doximity.

ORIGINAL PEER-REVIEWED PUBLICATIONS:

1. **Poretsky L.** Some peculiarities of diabetes mellitus in young obese patients. In V. Menschikoff and V. Spesivtseva, Eds., *Problems of Diabetology*, Moscow, 50-51 1977.
2. **Poretsky L,** Smith D, Seibel M, Pazianos A, Moses AC, Flier JS. Specific Insulin binding sites in human ovary. *J Clin Endocrinol Metab* 59:809-811, 1984.
3. **Poretsky L,** Moses A. Hypoglycemia associated with Trimethoprim/Sulfamethoxazole therapy. *Diabetes Care* 7:508-509, 1984.
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OTHER:

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VOLUNTEERING:

January 17-24, 2015 Volunteer Physician for the United States Bobsled and Skeleton Federation Europe Cup Skeleton Team: Saint Moritz, Switzerland and Innsbruck, Austria

LEONID PORETSKY, M.D.

SELECTED TRAINEES- (Starting in 1999)

Prior to 1999 also mentored fellows at Beth Israel Medical Center, NY (1985-1990), Cabrini Medical Center, NY (1991-1995) and New York Hospital/Cornell Medical Center, NY (1995-1999).

Name	Type of Fellowship	Dates of Training	Mentoring for the Following Activities	Trainee's Status Immediately After Completion of Training
Marsha Tolentino, MD	Endocrine Fellow	07/01/99 – 06/30/01	Clinical and Research	Private Practice, Cebu, Philippines
Anil Shrestha, MD	Endocrine Fellow	07/01/99 – 06/30/01	Clinical and Research	Endocrinologist, Baptist Medical Center, FL
Susan Zweig, MD	Endocrine Fellow	07/01/00 – 06/30/02	Clinical and Research	Endocrinologist, New York University
Jacek Zajac, MD	Endocrine Fellow	07/01/00 – 06/30/02	Clinical and Research	Endocrinologist Elmhurst Hospital, IL
Andrea Ferenczi, MD	Endocrine Fellow	07/01/01-06/30/03	Clinical and Research	Endocrinologist, Banner Boswell Medical Center, AZ
Marzieh Salehi, MD	Endocrine Fellow	07/01/01-06/30/03	Clinical and Research	Endocrinologist, Cedars Sinai Medical Center, TX
Aida Saliby, MD	ECRIP Fellow*/ Endocrinologist	07/01/02 06/30/04	Clinical and Research	Chief, Endocrine NYPH Downtown, NY
Rafael Bravo-Vera, MD	Endocrine Fellow	07/01/02-06/30/04	Clinical and Research	Endocrinologist Novartis, Mexico City
Arsalan Sheikh, DO	Endocrine Fellow	07/01/02-06/30/04	Clinical and Research	Endocrinologist, University of Maryland Medical Center
Maria Paliou, MD	Endocrine Fellow	07/01/03-06/30/05	Clinical and Research	Chief, Endocrine, Harlem Hospital, NY
Jonathan Schlosser, DO	Endocrine Fellow	07/01/03-06/30/05	Clinical and Research	Endocrinologist, Nyack Hospital
Julia Kaplun, MD	Endocrine Fellow	07/01/04-06/30/06	Clinical and Research	Endocrinologist, Nyack Hospital
Lisen Liu, MD	Endocrine Fellow	07/01/04-06/30/06	Clinical and Research	Private Practice, New York City
Parini Patel, MD	ECRIP Fellow/ Endocrine Fellow	07/01/04-06/30/08	Clinical and Research	Endocrinologist, Hackensack Meridian, NJ
Dimitar Avtanski, Ph.D.	Fellow-Thanks to Scandinavia	2004-2008	Clinical and Research	Director, Friedman Endocrine Laboratory LHH
	ECRIP Fellow/	07/01/05-	Clinical and	Endocrinologist

LEONID PORETSKY, M.D.

Marina Strizhevsky, DO	Endocrine Fellow	06/30/09	Research	Jersey City Medical Center
Dima Yeshou, MD	IM Resident	2005	Clinical and Research	Endocrinologist, Hackensack University, NJ
Ramon E. Martinez, MD	Endocrine Fellow	07/01/05-06/30/07	Clinical and Research	Endocrinologist, Mount Sinai Medical Center, FL
Liqun Song, MD	Endocrine Fellow	07/01/05-06/30/07	Clinical and Research	Endocrinologist, Griffin Hospital, CT
Yuriy Gurevich, DO	Endocrine Fellow	07/01/06-06/30/08	Clinical and Research	Endocrinologist, Nyack Hospital
Michael Goldman, MD	ECRIP Fellow	2007	Clinical and Research	Nephrologist – Jamaica Hospital, Queens, NY

* **ECRIP** Fellow –Empire Clinical Research Investigator Program –New York State Department of Health

Name	Type of Fellowship	Dates of Training	Mentoring for the Following Activities	Trainee's Status Immediately After Completion of Training
Zinovy Abelev, MD	Endocrine Fellow	07/01/07 – 06/30/09	Clinical and Research	Endocrinologist, Northwell Health
Stefan Cadag, DO	Endocrine Fellow	07/01/08-06/30/10	Clinical and Research	Endocrinologist, Mount Sinai Beth Israel
Sagit Zolotov, MD	Endocrine Fellow Research Track	07/01/05 06/30/10	Clinical and Research	Private Practice, Israel
Grishma Parikh, MD	ECRIP Fellow Friedman Fellow Endocrine Fellow	07/01/07 – 06/30/10	Clinical and Research	Endocrinologist, Assistant Professor, Icahn School of Medicine
Bianca Alfonso, MD	ECRIP Fellow Endocrine Fellow	01/01/07-06/30/11	Clinical and Research	Endocrinologist, South Miami Hospital
Takako Araki, MD	Friedman Fellow Endocrine Fellow	07/01/08-06/30/11	Clinical and Research	Endocrinologist, University of Minnesota
Yun Feng, MD	Endocrine Fellow	07/01/10 - 06/30/12	Clinical and Research	Endocrinologist, Mount Sinai Beth Israel
Amit Seth, MD	ECRIP Fellow/ Endocrine Fellow	07/01/09 - 06/30/12	Clinical and Research	Endocrinologist, Newark Beth Israel Medical Center
Gordon Burke, MD	Medical Student	2009	Clinical and Research	Internist, Boston University Family Group
Prajesh M. Joshi, MD	IM Resident	2009	Clinical and Research	Endocrinologist, Mercy Hospital, Arkansas
Miroslava Varadinova, PhD	Research Fellow	2009 and 2017	Clinical and Research	Sofia, Bulgaria
David Gajzer, MD	Friedman Fellow Research Fellow	2010	Clinical and Research	Fellow – Anesthesiology, Miami, FL
Sumei Kato, MD	IM Resident	2010	Clinical and Research	Oncologist UC San Diego
Pauline Suwandhi, MD	Friedman Fellow	2010	Clinical and Research	Geriatrics, Montefiore Hospital
Dina Rapoport, MD	IM Resident	2011	Clinical and Research	Endocrinologist, NYU Hospital
So-Young Kim, MD	IM Resident	2011	Clinical and Research	Endocrinologist, Weill Cornell Medicine

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Natalia Branis, MD	IM Resident	2011	Clinical and Research	Endocrinologist Mount Sinai Beth Israel
Nicole Babushkin	Research Assistant	2012	Clinical and Research	Internist, Ocean Medical Center, NJ
Vanessa Sy-Po, MD	Volunteer	2012	Clinical and Research	FMLA – Birth of Child
Julie Islam, MBBS	Research Fellow/ Friedman Fellow	07/01/12 – 06/30/14	Clinical and Research	Endocrine Fellow, Scripps, La Jolla, CA
Carla Romero, MD	Endocrine Fellow	07/01/11 – 06/30/13	Clinical and Research	Endocrinologist, North Shore LIJ-Northwell
Ronak Patel, MD	Endocrine Fellow	07/01/12- 06/30/14	Clinical and Research	Endocrinologist, Morristown Medical Center, NJ

Name	Type of Fellowship	Dates of Training	Mentoring for the Following Activities	Trainee's Status Immediately After Completion of Training
Zi Jian Chen, MD	Endocrine Fellow	07/01/12- 06/30/14	Clinical and Research	Endocrinologist, Mount Sinai Medical Center
Erwyn Ong, MD	Endocrine Fellow	07/01/13- 09/01/14	Clinical and Research	Endocrinologist, Presbyterian Medical Group, New Mexico
Halis Sonmez, MD	Endocrine Fellow/ ECRIP Fellow	07/01/13- 09/01/14; 12/01/15 – 04/04/17	Clinical and Research	Endocrinologist, NYU Queens Hospital, NY
Mahmoud Hassan, MD	Research Fellow	01/01/14 – 09/01/14	Clinical and Research	Master's Program, John Hopkins University, Baltimore, Maryland
Sarah Fishman, MD	Endocrine Fellow	07/01/16 – 06/30/18	Clinical and Research	Attending Endocrinologist Lenox Hill Hospital
Anabel Garcia, MD	Feinstein Visiting Scholar	02/01/17 – 02/28/2018	Clinical and Research	Friedman Fellow
Trisha Newaz, DO	Endocrine Fellow	09/27/17 – 09/26/2019	Clinical and Research	Endocrine Fellow Lenox Hill Hospital
Arpita Bhalodkar, MD	ECRIP Fellow/ Endocrine Fellow	08/01/17- 06/30/18; 07/01/18 -Present	Clinical and Research	Attending Endocrinologist, North Shore LIJ Hospital
Mikail Koroma, MD	ECRIP Fellow	02/01/18 – 07/31/18	Research	Orthopedic Residency Lenox Hill Hospital
Karin Chen, MD	ECRIP Fellow/ Junior Attending	09/04/18 – 09/30/19	Clinical and Research	Endocrinologist-Maimonides Medical Center
Alen Sajan, MD	IM Resident	11/01/2018 - 06/30/2020	Clinical and Research	Internal Medicine Specialist Lenox Hill Hospital
Swetha Murthi, MD	Endocrine Fellow	07/01/2019 - 06/30/2021	Clinical and Research	Endocrine Fellow Lenox Hill Hospital
Paria Zarghamravanbakhsh, MD	Endocrine Fellow	07/01/2020 - 06/30/2022	Clinical and Research	Endocrine Fellow Lenox Hill Hospital
		07/01/2020 -	Clinical and	Cardiology Fellow

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Nyein Chan Swe, MD	ECRIP Fellow	06/30/2021	Research	Northside Hospital
Radoslav Stojchevski, BS	Research Assistant	01/01/2020 - Present	Clinical and Research	Friedman Fellow Lenox Hill Hospital
Sadiya Thermidor, MD	ECRIP Fellow	07/01/2021 - 06/30/2022	Clinical and Research	Fellow, Cardiology Danbury Hospital
Marwen H. Eid, MD	ECRIP Fellow	07/01/2021 - 06/30/2022	Clinical and Research	Fellow, Cardiology Staten Island Univ Hosp
Rebecca Zweifler, MD	ECRIP Fellow	07/01/2022 - 06/30/2023	Research	Fellow, Hematology/ Oncology Morristown Medical Center
Samihah Ahmed, MD	ECRIP Fellow Endocrine Fellow	07/01/2020 - 06/30/2021; 07/2021 to 06/30/2023	Clinical and Research	Endocrinologist- LIJ-Forest Hill Hospital Northwell Health

Name	Type of Fellowship	Dates of Training	Mentoring for the Following Activities	Trainee's Status Immediately After Completion of Training
Luis A. Medina Mora, MD	Endocrine Fellow	07/01/22-06/30/24	Clinical and Research	
Sheryl Htoo, MD	Endocrine Fellow	07/01/23-09/01/25	Clinical and Research	