

CURRICULUM VITAE
LEONID PORETSKY, M.D.

6/5/2018

ADDRESS:

Home: 1025 Fifth Avenue, #8ES
New York, N.Y. 10028

Business: Northwell Health – Lenox Hill Hospital
100 East 77th Street
New York, N.Y. 10075

TELEPHONE:

(212) 434-4972 (office)

DATE OF BIRTH:

August 7, 1954

PLACE OF BIRTH:

Leningrad, Russia (USSR)

CITIZENSHIP:

United States, 1985
Immigrated to U.S.A. in 1979

MEDICAL SCHOOL:

1971 - 1977

M.D., Cum Laude
First Medical Institute
Leningrad, Russia (USSR)

CURRENT POSITIONS:

2014 – Present

Chief, Division of Endocrinology
Associate Chairman, Department of Medicine
Northwell Health– Lenox Hill Hospital
New York, New York 10075

Professor of Medicine
Donald and Barbara Zucker School of Medicine at Hofstra Northwell

PREVIOUS HOSPITAL APPOINTMENTS:

2000 – 2014

Interim Chairman, Department of Medicine (2014)
Chief, Division of Endocrinology & Metabolism (2000)
Gerald J. Friedman Chair in Endocrinology (2004)
Program Director, Fellowship in Endocrinology and Metabolism (2000)
Director, Gerald J. Friedman Diabetes Institute (2007)
Research Integrity Officer (2012)
Mount Sinai Beth Israel
New York, New York

2012 – 2014

Vice-Chairman for Research, Department of Medicine
Mount Sinai Beth Israel
New York, New York

LEONID PORETSKY, M.D.

1995 - 2000	Director, Diabetes Center Associate Director, General Clinical Research Center Professor of Medicine and Gynecology (1999) New York Hospital/Cornell Medical Center New York, New York
1989 - 1995	Chief, Division of Endocrinology and Metabolism, Cabrini Medical Center New York, New York
1985 - 1989	Head, Diabetes Section Division of Endocrinology and Metabolism Department of Medicine Beth Israel Medical Center New York, New York
1983 - 1985	Fellow in Endocrinology, Beth Israel Hospital Boston, Massachusetts
1983-1985	Physician (part-time), Joslin Diabetes Center, Boston, Massachusetts
1982 - 1983	Chief Resident in Medicine, Coney Island Hospital, Brooklyn, New York
1980 - 1982	Resident in Medicine, Coney Island Hospital, Brooklyn, New York
1978 - 1979	Physician, Medical Emergency Station Leningrad, Russia (USSR)
1977 - 1978	Physician, Department of Internal Medicine State Hospital Number 21 Leningrad, Russia (USSR)

PREVIOUS MEDICAL SCHOOL APPOINTMENTS:

2000-2014	Professor of Medicine, Albert Einstein College of Medicine (2000) Professor of Medicine, Icahn School of Medicine at Mount Sinai (2014)
1999- 2000	Professor of Medicine and Gynecology Weill Medical College of Cornell University New York, New York

LEONID PORETSKY, M.D.

1995 - 1999 Associate Professor of Medicine and Gynecology
Cornell University Medical College
New York, New York

1990 - 1995 Associate Professor of Medicine
New York Medical College
Valhalla, New York

1989 - 1990 Associate Professor of Medicine
Mt. Sinai School of Medicine
City University of New York
New York, New York

1985 - 1989 Assistant Professor of Medicine
Mt. Sinai School of Medicine
City University of New York
New York, New York

POSTDOCTORAL TRAINING:

2003 Medical Informatics MBL/NLM Course Fellow
Marine Biological Laboratory
Sponsored by the National Library of Medicine
Woods Hole, Massachusetts

1983 - 1985 Research Fellow in Medicine,
Harvard Medical School,
Charles A. Dana Research Institute and
The Harvard-Thorndike Laboratory.
Fellow in Endocrinology and Diabetes,
Boston's Beth Israel Hospital, with clinical duties at Brigham Medical Group
and Harvard Community Health Plan, Boston, Massachusetts

1982 - 1983 Chief Resident,
Department of Medicine,
Coney Island Hospital,
Brooklyn, New York

1980 - 1982 Resident in Medicine,
Coney Island Hospital,
Brooklyn, New York

LICENSURE AND CERTIFICATION:

1985 Diplomate
American Board of Endocrinology and Metabolism
Cert. # 90042

LEONID PORETSKY, M.D.

1983	Diplomate American Board of Internal Medicine Cert. # 90042
1996	Pennsylvania State License Registration #MD - 057239-L
1983	New York State License Registration # 155121-1
1983	Massachusetts License Registration # 51042
1982	California License Registration # A39257
1981	Maryland License Registration # D26936
1981	FLEX Examination passed June, 1981
1980	ECFMG Certificate # 314376-6

TEACHING EXPERIENCE:

2000-2014	Chief, Division of Endocrinology and Metabolism, Beth Israel Medical Center. Teaching medical students, residents and fellows. Program Director for the fellowship training program.
1995- 2000	Director, Diabetes Center, New York Hospital- Cornell Medical Center, New York, NY Faculty Member for the following problem based learning (PBL) courses: "Human Structure and Function" and "From Molecules to Cells". Preceptor for the triple jump examination (2nd year medical students). Writing questions for the pathophysiology examination (2nd year medical students). Lectures for medical students: "Type 1 diabetes mellitus" and "Insulin and glucagon." Endocrine grand rounds: "Role of insulin and insulin-like growth factors in ovarian function" and "Polycystic ovary syndrome." Medical grand rounds: "Syndromes of insulin resistance." Teaching residents and fellows in clinical setting (attending ward physician in internal medicine and endocrinology; attending physician in the endocrine clinic and high-risk pregnancy clinic). Member, Cornell University Medical College Department of Medicine Postgraduate Education Advisory Committee and Update in Medicine Committee. Lectures throughout New York Metropolitan area on the topic of insulin resistance (Columbia University, New York University School of Medicine, Mount Sinai School of Medicine, Albert Einstein College of Medicine).
1989 - 1995	Chief, Division of Endocrinology and Metabolism Cabrini Medical Center, New York, NY Rounds with housestaff and medical students in endocrinology & internal medicine. Organizing endocrine conferences and board review courses for residents. Organizing inter-institutional endocrine grand rounds, (Cabrini Medical Center, St. Vincent Medical Center, Rogosin Institute). Lecturing on insulin receptor disorders and endocrinological aspects of AIDS.

LEONID PORETSKY, M.D.

- 1985 - 1989 Head, Diabetes Section Beth Israel Medical Center, New York, NY
Conducting rounds with housestaff and medical students; responsible for weekly endocrine grand rounds and monthly research conferences. Lecturing on insulin receptor disorders.
- 1983 - 1985 Fellow in Endocrinology and Metabolism, Boston's Beth Israel Hospital and Harvard Medical School
While on clinical service, supervised students and residents rotating through the service; presented endocrine grand rounds on the following subjects: Lipoatrophic diabetes; Insulin receptors in health and disease; and Insulin effects in the ovary.
- 1982 - 1983 Chief Resident, Department of Medicine, Coney Island Hospital, Brooklyn, New York
Teaching residents in a clinical setting; conducting daily MICU rounds and weekly clinical conferences.
- 1982 - 1983 Preceptor for Physical Diagnosis Course, Sophie Davis School of Biomedical Education, City University of New York.
- 1971 - 1977 Teaching biology course for premedical students,
First Medical Institute, Leningrad, Russia (USSR).

COMMITTEE MEMBERSHIPS:

Committee on Scholarly Activities, Mount Sinai Beth Israel, New York, New York

Department of Medicine Division Chiefs, Mount Sinai Beth Israel, New York, New York

Diabetes Care Enhancement Initiative Committee, Beth Israel Medical Center, New York, New York

MAJOR RESEARCH INTERESTS:

Mechanisms of insulin and insulin-like growth factor action in the ovary; endocrinological aspects of AIDS; clinical outcomes in diabetes.

Grant Support:

- 2017 - Ongoing Project Director (Lenox Hill Hospital) – “Obesity as a multifactorial disease: Energy metabolism, insulin resistance, microbiome and endoscopic bariatric intervention in human obesity” – NY State Department of Health, Empire Clinical Research Program (ECRIP). Direct costs \$698,888
- 2017 - Ongoing Site Principal Investigator – Sanofi: Sotagliflozin compared to empagliflozin and placebo in patients with type 2 diabetes who have inadequate glycemic control on Dipeptidyl Peptidase 4 Inhibitor (DPP4I) with or without metformin -a multicenter clinical trial.

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2017 - Ongoing	Site Principal Investigator – Sanofi: The SCORED Trial, a randomized, double blind, placebo-controlled, parallel-group, multicenter study to demonstrate the effects of sotagliflozin on cardiovascular and renal events in patients with type 2 diabetes, cardiovascular risk factors and moderately impaired renal function, a multi-center clinical trial.
2017 - Ongoing	Site Principal Investigator – Role of CAP1 in mediating resistin action in obesity-induced insulin resistance. Gerald J. and Dorothy R. Friedman New York Foundation for Medical Research
2017 – Ongoing	Site Principal Investigator - Novartis: A Phase III, multi-center, randomized, double blind, 48 week study with an initial 12 week placebo-controlled period to evaluate the safety and efficacy of osilodrostat in patients with Cushing’s disease
2016 – Ongoing	Site Co-Investigator (Lenox Hill Hospital); NIDDK Grant Number U01 DK098245-03. Vitamin D and type 2 diabetes (D2d study). Principal Investigator: Anastassios G. Pittas, MD, Tufts University. IRB No. HS16-0144 .
2015 – Ongoing	Site Principal Investigator – “The effect of structured outpatient diabetes program on hospital readmission rates in patients with diabetes” - NY State Department of Health, Empire Clinical Research Investigation Program (ECRIP). Direct costs \$150,000.00
2016 – 2017	Site Principal Investigator -Sanofi: A Phase IV randomized, open-label, parallel group real world pragmatic trial to assess the clinical and health outcomes of Toujeo compared to commercially available basal insulins for initiation of therapy in insulin naïve patients with uncontrolled type 2 diabetes mellitus.
2016 – 2017	Site Principal Investigator - Novartis: A multi-center, randomized, open-label, Phase IV study to investigate the management of pasireotide-induced hyperglycemia with incretin based therapy or insulin in adult patients with Cushing’s disease or acromegaly.
2014	Satellite Principal Investigator (Beth Israel); NIDDK Grant Number NCT02017171. Preventing Early Renal Loss in Diabetes (PERL): A multicenter clinical trial of allopurinol to prevent GFR loss in type 1 diabetes. Principal Investigator: Alessandro Doria, MD PhD MPH, Joslin Diabetes Center. Direct Cost: \$315,850.00
2013 – 2014	Site Principal Investigator (Beth Israel); NIDDK Grant Number U01DK098245 (implementation phase). Vitamin D and type 2 diabetes (D2d study). Principal Investigator: Anastassios G. Pittas, MD, Tufts University. Direct Cost: \$153,583.00 .
2012 – 2013	Site Principal Investigator (Beth Israel); Genzyme Inc., Mount Sinai Medical Center. Multi-center study of the effect of Sevelamer carbonate on metabolic/inflammatory/reactive oxygen species markers in diabetes patients with nephropathy. Principal Investigator: Gary Striker, MD, Mount Sinai Medical Center. Direct Cost: \$119,844.00.

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- 2011 – 2013 Co-Investigator, NIH National Center for Minority Health and Health Disparities, Bronx Center to Reduce and Eliminate Ethnic and Racial Health Disparities, Albert Einstein College of Medicine. Activating people for disease prevention and lifestyle change through empowerment (APPLE). Principal Investigator: Alison Karasz, Ph.D., Albert Einstein College of Medicine.
- 2011- 2012 Co-investigator; NIDDK Grant Number U34DK091958 (planning phase). Vitamin D for prevention of type 2 Diabetes (D2D study). Principal Investigator: Anastassios Pittas, MD, Tufts University. Direct Cost: \$161,463.00.
- 2009 – 2014 Advisor; NIH #K07AT004570-01A2. Academic career development award in Complementary and Alternative Medicine Research and Education. Principal Investigator: Benjamin Kligler, MD, MPH, Beth Israel Medical Center.
- 2009 – 2011 Co-investigator; Chinese American Medical Society and Chinese American Independent Practice Association Research Fund. Genetic markers for increased risk of gestational diabetes in Chinese-Americans. Principal Investigator: Donna Seto-Young, Ph.D, Beth Israel Medical Center.
- 2011 – 2012 Site Principal Investigator; United Hospital Fund. Health coaches—assist patients with diabetes in managing their illness and help them navigate the health care system. Direct Cost: \$37,830.00.
- 2009 – 2011 Sponsor/Mentor; Empire Clinical Research Investigator Program, New York State Department of Health. The Role of Thiazolidinediones in Bone Metabolism
- 2008 - 2010 Site Principal Investigator; Queens/South Asian Action for Diabetes Education Program and Treatment (ADEPT), New York State Health Foundation. Direct Cost: \$269,803.
- 2008 – 2010 Sponsor/Mentor; Empire Clinical Research Investigator Program, New York State Department of Health. Effects of exenatide in overweight patients with polycystic ovary syndrome (PCOS) and role of exenatide in human ovarian regulation.
- 2008 – 2014 Site Principal Investigator; A pilot randomized controlled trial to evaluate the effects of education programs, including an interactive web site, on clinical outcomes in patients with diabetes. Gerald J. Friedman Diabetes Institute
- 2002 – 2014 Site Principal Investigator; Gerald J. Friedman Foundation. Receptor mechanisms of insulin and insulin-like growth factors in ovarian function.
- 2004 - 2008 Site Principal Investigator; Glaxo-SmithKline, Inc. The effect of thiazolidinediones on inflammatory markers and outcomes in patients undergoing coronary artery bypass graft surgery.
- 2006 – 2008 Sponsor/Mentor; Empire Clinical Research Investigator Program, New York State Department of Health. Administration of Vitamin D analog to new onset type 1 diabetes mellitus patients to restore pancreatic cell function

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- 2005 – 2007 Investigator/Mentor; Empire Clinical Research Investigator Program, New York State. Comparison of the effect of oral contraceptive agents, spironolactone, metformin and rosiglitazone on plasma androgen levels and clinical manifestations of hyperandrogenism in women with polycystic ovary syndrome.
- 2004 – 2006 Sponsor/Mentor; Empire Clinical Research Investigator Program, New York State. Vitamin D deficiency and insulin resistance.
- 2003 – 2005 Sponsor/Mentor; Empire Clinical Research Investigator Program, New York State. The use of intensive insulin therapy in diabetic and non-diabetic individuals undergoing coronary artery bypass graft surgery.
- 2002 – 2004 Site Principal Investigator; Pharmacia, Inc. Role of thiazolidinediones in the human ovary.
- 2000 – 2006 Site Principal Investigator (Beth Israel Medical Center); ADOPT trial; Glaxo-Smith-Kline, Inc.
- 2000 – 2005 Co-investigator; NIH R01-MH60563. DHEA effects on mood in HIV positive patients. Principal Investigator: Judy Rabkin, Ph.D., Columbia University.
- 2000 – 2002 Site Principal Investigator; Singer/Hellman Award. Receptor mechanisms of insulin action in the human ovary.
- 1998 – 2000 Site Principal Investigator; NICHD R03 5618-01A1: Receptor mechanisms of insulin-like growth factor II action in the ovary.
- 1999 – 2000 Co-Investigator; N01-HC-95184 (NHLBI-NIDDK) Prevention of Cardiovascular Disease in Diabetes Mellitus. Principal Investigator: J. Thomas Bigger, M.D., Columbia University.
- 1995 – 2000 Cornell University Medical College General Clinical Research Center, Associate Program Director; NIH Grant #M01 RR 00047-35.
- 1996 – 2000 Clinical trial of pioglitazone in diabetes, Takeda, Inc.
- 1997 – 2000 Combination trial of metformin and sulfonurea in diabetes, Bristol-Myers, Inc.
- 1987 – 1992 Site Principal Investigator,
NIH – Grant #R29-HD22738, *Role of Insulin and Insulin-like Growth Factors in Ovarian Function.*
- 1986 – 1988 Site Principal Investigator,
United Parcel Service Research in Medicine Award; *Role of Insulin in Ovarian Function.*
- 1989 – 1990 Site Principal Investigator,
Herbert Singer Collaborative Research Award at Beth Israel Medical Center: *Animal Model of Polycystic Ovary Syndrome.*
- 1989 – 1990 Co-Principal Investigator,
Insulin Receptor Abnormalities in Polycystic Ovary Syndrome NIH-Grant #R01DK40605.

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- 1989 – 1995 Site Principal Investigator
Roberto Pope Endocrinology Research Fund at Cabrini Medical Center: *Role of insulin and insulin-like growth factors in ovarian functions*
- 1992 – 1994 Site Principal Investigator,
Diabetes Length of Stay Reduction Project,
United Hospital Fund of New York
- 1992 – 1994 Site Principal Investigator,
Diabetes and Metabolism Unit Project,
Fan Fox Leslie R. Samuels Foundation

RESEARCH-RELATED ACTIVITIES:

- 1987 Member, Special Review Committee *Reproductive Disorders of Women* National Institute of Child Health and Human Development (NICHD)
- 1991 Member, Cooperative Specialized Infertility Center Program Panel, NICHD, NIH
- 1992 Member, Specialized Population Research Center site visit team, University of California, San Diego, NICHD, NIH
- 1992 Reviewer of grants, Medical Research Council, United Kingdom
- 1994 Reviewer of Grants, International Science Foundation
- 1987 – present Reviewer of manuscripts for the following journals:
Journal of Clinical Endocrinology and Metabolism
Metabolism
Transplantation
Obesity Research
Fertility & Sterility
- 1996 – present Board of Directors
Metropolitan Diabetes Society
New York, New York
- 1997 – present Reviewer of Grants, Endocrine Fellows' Foundation
- 1997 – 2008 Advisory Boards:
National Diabetes Education Initiative (Parke-Davis)
National Endocrinology Consultants Initiative (Bayer)
Women's Health Initiative (Parke-Davis)
Rosiglitazone Advisory Board (Smith-Kline/Beecham)
Basal Insulin Advisory Board (Hoechst-Marion-Roussel)
National ACTOS Advisory Board (Lilly/Takeda)
Diabetes Consultant Panel Member (Aventis)
- 2008 – 2012 Editorial Board, *Journal of Clinical Endocrinology and Metabolism*
- 2008 - 2018 Editorial Board, *Journal of Diabetes*

- 2010 – 2014 Editorial Board, *International Scholarly Research Network Endocrinology*
Editorial Board, *World Journal of Diabetes*
- 2014 Guest Editor, *Endocrine Clinics of North America*, special issues,
“Complications of diabetes” and “Diabetes and its associated conditions”.
- 2015- present Series Editor, “Contemporary endocrinology”, Springer, Inc.
- Köhler TS and McVary KT, Editors, “Contemporary treatment of erectile dysfunction:
A clinical guide”, 2nd ed, 2016, Springer, Inc. ISBN-10: 3319315854.
- Pacak K and Taïeb D, Editors, “Diagnostic and therapeutic nuclear medicine for
neuroendocrine tumors”, 2017, Springer, Inc. DOI 10.1007/978-3-319-46038-3.
- Winters SJ and Huhtaniemi IT, Editors, “Male hypogonadism: Basic, clinical and
therapeutic principles”, 2nd ed, 2017, Springer, Inc. DOI 10.1007/978-3-319-53298-1.

SELECTED INVITED LECTURES AND PANELS:

11th International Symposium on Immunology of Reproduction of the International Coordination Committee for Immunology of Reproduction. Topic: Insulin and peroxisome proliferators-activated receptor- γ signaling in the human ovary: Basic mechanism and clinical implications. Varna, Bulgaria, June 2-4, 2006. Presented by Donna Seto-Young, Ph.D.

International Symposium on PCOS in Harbin China, August, 2006. Topic: Insulin and peroxisome proliferators-activated receptor- γ signaling in the human ovary: Basic mechanism and clinical implications. Presented by Donna Seto-Young, Ph.D.

Global Health Care Conference. Topic: Diabetes. New York, May 22-24, 2007.

Session Chair, “Androgenic disorders in women,” the 89th Annual Meeting of the Endocrine Society, Toronto, Canada, June 2-5, 2007.

Guest Expert, “1st World Congress on Interventional Therapies for Type 2 Diabetes,” New York, New York, September 15-16, 2008.

Visiting Professor, “Combined Adult-Pediatric Endocrine Grand Rounds,” Mattel Children Hospital at UCLA, David Geffen School of Medicine at UCLA, California, September 24, 2008

Guest Speaker, “Shanghai International Medical Development Forum on Family Medicine 2012,” Shanghai, China, May 10-11, 2012.

Distinguished International Faculty, “8th International Symposia on Diabetes 2013”, Delhi, Kolkata, Chennai, Mumbai, India, January 18-26, 2013.

Invited Lecturer, American Association of Clinical Endocrinologists (AACE) Philippines Chapter, Cebu, Philippines, August 1-3, 2013.

Invited Lecturer, Tokyo Medical and Dental University, Tokyo, Japan, December 10, 2013.

Invited Lecturer, Department of Medicine Grand Rounds at Mount Sinai Medical Center, “PCOS Update 2014”, New York, January 7, 2014.

Invited Lecturer, Combined MKSCC/Cornell Endocrine Grand Rounds, "Insulin and the ovary: Update 2014", New York, January 8, 2014.

Invited Lecturer, 4th International Congress of Gynaecology and Obstetrics 2016. Topic: Insulin and the Ovary: Update 2016. Barcelona, Spain, May 28-30, 2016.

Session Chair, "Polycystic ovary syndrome," 4th International Congress of Gynaecology and Obstetrics 2016, Barcelona, Spain, May 28-30, 2016.

Invited Lecturer, "Pathway to wellness: Men's health panel and health fair," The United Nations Staff Recreation Council and SaluS Well-Being Network, New York, NY, August 29, 2017.

PROFESSIONAL SOCIETIES:

- 1985 American Diabetes Association
- 1987 International Diabetes Federation
- 1987 American Association for the Advancement of Science
- 1988 The Endocrine Society
- 1994 American Association of Clinical Endocrinologists
- 1996 Metropolitan Diabetes Society, founding Board member

BEST DOCTORS LISTINGS:

New York Magazine
The New York Times Magazine
U.S. News and World Report
Castle Connolly Medical Limited

ORIGINAL PEER-REVIEWED PUBLICATIONS:

1. **Poretsky L.** Some peculiarities of diabetes mellitus in young obese patients. In V. Menschikoff and V. Spesivtseva, Eds., Problems of Diabetology, Moscow, 50-51 1977.
2. **Poretsky L,** Smith D, Seibel M, Pazianos A, Moses AC, Flier JS. Specific Insulin binding sites in human ovary. J Clin Endocrinol Metab 59:809-811, 1984.
3. **Poretsky L,** Moses A. Hypoglycemia associated with Trimethoprim/Sulfamethoxazole therapy. Diabetes Care 7:508-509, 1984.
4. **Poretsky L,** Grigorescu F, Moses AC, Flier JS. Distribution and characterization of the insulin and IGF-1 receptors in the human ovary. J Clin Endocrinol Metab 61:728-734, 1985.
5. **Poretsky L,** Leibowitz IH, Friedman SA. The diagnosis of myocardial infarction by computer derived protocol in a municipal hospital. Angiology 36:165-170, 1985.

6. **Poretsky L**, Garber J, Kleefield J. Primary amenorrhea and pseudoprolactinoma in a patient with primary hypothyroidism: reversal of clinical, biochemical and radiologic abnormalities with levothyroxine. *Am J Med* 81:180-182, 1986.
7. Pepper GM, **Poretsky L**, Gabrilove JL, Aritone MM. Ketoconazole reverses hyperandrogenism in a patient with insulin resistance and acanthosis nigricans. *J Clin Endocrinol Metab* 65:1047-1052, 1987.
8. Gates GS, Bayer S, Seibel M, **Poretsky L**, Flier JS, Moses AC. Characterization of insulin-like growth factor I binding to human granulosa cells obtained during in vitro fertilization. *J Receptor Research* 7:885-902, 1987.
9. Kalin M, **Poretsky L**, Seres D, Zumoff B. Hyporeninemic hypoaldosteronism associated with Acquired Immune Deficiency Syndrome. *American J Med* 82:1035-1038, 1987.
10. **Poretsky L**, Bhargava G, Kalin M. Regulation of the insulin receptors in the human ovary (In vitro studies). *J Clin Endocrinol Metab* 67:772-778, 1988.
11. **Poretsky L**, Lesvescue L, Smith D, Seibel M, Pazianos A, Hurd JK, Aretz HT, Flier JS. Hyperandrogenism in a patient with a granulosa cell tumor and polycystic ovarian disease: characteristics of in vitro steroidogenesis. *The Journal Reproductive Med* 33:377-381, 1988.
12. **Poretsky L**, Glover B, Laumas V, Kalin M, Dunaif A. The effects of experimental hyperinsulinemia on steroid secretion, ovarian 125-I-insulin binding and ovarian 125-I-insulin-like growth factor I binding in the rat. *Endocrinology* 122:581-585, 1988.
13. Singer F, Horlick M, **Poretsky L**. Recovery of beta - cell function postpartum in a patient with insulin-dependent diabetes mellitus. *New York State Journal of Medicine* 9:496-498, 1988.
14. Bhargava G, **Poretsky L**, Denman H, Jandorek R, Miller LK. Hormonally active long-term culture of human ovarian cells: initial characterization. *Metabolism* 38:195-196, 1989.
15. Singer F, Bhargava G, **Poretsky L**. Persistent insulin resistance after normalization of androgen levels in a woman with congenital adrenal hyperplasia. *Journal Reproductive Medicine* 34:921-922, 1989.
16. **Poretsky L**, Bhargava G, Levitan E. Type I insulin-like growth factor receptors in human ovarian stroma. *Hormone Research* 33:22-26, 1990.
17. **Poretsky L**, Bhargava G, Saketos M, Dunaif A. Regulation of human ovarian insulin receptors in-vivo. *Metabolism* 39:161-166, 1990.
18. Zumoff B, Miller L, **Poretsky L**, Levit C, Miller E, Heinz U, Denman H, Jandorek R, Rosenfeld R. Subnormal follicular-phase serum progesterone levels and elevated follicular-phase serum estradiol levels in young women with insulin dependent diabetes. *Steroids* 55:560-564, 1990.
19. Novick D, Joseph H, Crosson S, Salsitz E, Wang G, Richman B, **Poretsky L**, Keefe J, Whimbey E. Absence of antibody to human immunodeficiency virus in long-term, socially rehabilitated methadone maintenance patients. *Arch Int Med* 150:97-99, 1990.

20. Battan R, Mariuz P, Raviglione MD, Sabatini MT, Mullen MP, **Poretsky L**. Pneumocystitis carinii infection of the thyroid in a hypothyroid patient with AIDS: Diagnosis by fine needle aspiration biopsy. *J Clin Endocrinology Metab* 72:724-726, 1991.
21. **Poretsky L**, Clemons J, Bogovich K. Hyperinsulinemia and human chorionic gonadotropin synergistically promote the growth of ovarian follicular cysts in rats. *Metabolism* 41:903-910, 1992.
22. Gochu J, Piper B, Montana J, Park HS, **Poretsky L**. Lymphoma of the thyroid mimicking thyroiditis in a patient with the Acquired Immune Deficiency Syndrome. *J Endocrinol Invest* 17:279-282, 1994.
23. Sorbara LR, Tang Z, Cama A, Xia J, Schenker E, Kohanski RA, **Poretsky L**, Koller E, Taylor SI, Dunaif A. Absence of insulin receptor gene mutations in three insulin-resistant women with polycystic ovary syndrome. *Metabolism* 43:1568-74, 1994.
24. Ramaprasad S, **Poretsky L**. Life-threatening hyponatemia due to the syndrome of inappropriate secretion of antidiuretic hormone (SIADH) in a patient with Miller Fisher Syndrome. *Endocrine Practice* 1:64-66, 1995.
25. Rubio SI, Naha KK, **Poretsky L**. Coexistence of diabetes and phosphofructokinase deficiency. *Endocrine Practice* 2:100-102, 1996.
26. **Poretsky L**, Chandrasekher YA, Giudice LC, Bai C, H-L Liu, Rosenwaks Z. Insulin receptor mediates inhibitory effect of insulin, but not of insulin-like growth factor (IGF)-I, on IGF binding protein 1 (IGFBP-1) production in human granulosa cells. *J Clin Endocrinol Metab* 81:493-496, 1996.
27. **Poretsky L**, Chun B, Liu HC, Rosenwaks Z. Insulin-like growth factor II (IGF-II) inhibits insulin-like growth factor binding protein I (IGFBP-1) production in luteinized human granulosa cells with a potency similar to insulin-like growth factor I (IGF-I) and higher than insulin. *J Clin Endocrinol Metab* 81:3412-3414, 1996.
28. Rubio SI, Sauer-Plewinski T, Sabatini M, **Poretsky L**. Kikuchi's disease associated with Hashimoto's thyroiditis. *J Endocrinol Invest* 19: 136-137, 1996.
29. Stolarczyk R, Laufer I, **Poretsky L**. Absence of acanthosis nigricans in a patient with the Type B syndrome of insulin resistance and preexisting diabetes. *Diabetes Care* 19:885-886, 1996.
30. Koproski J, Pretto Z, **Poretsky L**. Effects of an intervention by a diabetes team in hospitalized patients with diabetes. *Diabetes Care* 20:1553-1555, 1997.
31. Stolyarczyk R, Rubio S, Smolyar D, Young I, **Poretsky L**. 24 hr urinary free cortisol in patients with acquired immune deficiency syndrome. *Metabolism* 47:690-694, 1998.
32. **Poretsky L**, Pretto Z, Koproski J., Length of stay on a diabetes cluster unit. *Endocrine Practice* 5:66-68, 1999.
33. Bogovich K, Clemons J, **Poretsky L**. Insulin has a biphasic effect on the ability of human chorionic gonadotropin to induce ovarian cysts in the rat. *Metabolism* 48: 995-1002, 1999.
34. Ferrando SJ, Rabkin JG, **Poretsky L**. Dehydroepiandrosterone sulfate (DHEAS) and testosterone: Relation to HIV illness stage and progression over one year. *Journal of Acquired Immune Deficiency Syndromes and Human Retrovirology* 22:146-154, 1999.

35. Damario M, Bogovich K, Liu HC, Rosenwaks Z, **Poretsky L**. Synergistic effects of IGF-I and human chorionic gonadotropin in the rat ovary. *Metabolism* 49:314-320, 2000.
36. Aronoff S, Rosenblatt S, Braithwaite S, Egan JW, Mathisen AL, Schneider RL, The **Pioglitazone 001 Study Group**. Pioglitazone hydrochloride monotherapy improves glycemic control in the treatment of patients with type 2 diabetes. *Diabetes Care* 23:1605-1611, 2000.
37. **Poretsky L**, Lesser M, Brillon D. Lack of postprandial leptin peaks in patients with type 2 diabetes Mellitus *Diabetes, Obesity and Metabolism* 3:105-111, 2001.
38. **Poretsky L**, Seto-Young D, Shrestha A, Dhillon S, Mirjany M, Liu, H-C, Yih M, Rosenwaks Z. Phosphatidyl-inositol-3 (PI-3)-kinase-independent insulin action pathway(s) in the human ovary. *J Clin Endocrinol Metab* 86:3115-3119, 2001.
39. Tolentino M, Ferenczi A, Ronen L, **Poretsky L**. Combination of gemfibrozil and orlistat in the treatment of combined hyperlipidemia with predominant hypertriglyceridemia. *Endocrine Practice* 8:3, 208-212, 2002.
40. Smolyar D, Landman R, **Poretsky L**, Young I. Comparison of 1 μ g and 250 μ g ACTH stimulation tests for the evaluation of adrenal function in patients with AIDS. *Metabolism* 52:647-651, 2003.
41. Seto-Young D, Zajac J, Liu HC, Rosenwaks Z, **Poretsky L**. The role of mitogen-activated protein kinase in insulin and insulin-like growth factor I (IGF-1) signaling cascades for progesterone and IGF-binding protein-1 production in human granulosa cell. *J Clin Endocrinol Metab* 88:3385-3391, 2003.
42. Zinman B, Kahn SE, Haffner SM, O'Neill MC, Heise MA, Freed MI, **ADOPT Study Group**. Phenotypic characteristics of GAD antibody-positive recently diagnosed patients with type 2 diabetes in North America and Europe. *Diabetes* 53:3193-3200, 2004.
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95. Islam JR, Seto-Young DLT, Lesser M, Rosenwaks Z, **Poretsky L**. Does irisin have an effect on female reproductive function? Initial in-vitro studies. 16th International Congress of Endocrinology and The Endocrine Society 96th Annual Meeting, Abstract MON-0053, Chicago, IL, June 21-24, 2014.
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U.S. PATENTS:

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OTHER:

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2. Acknowledgment: Experimental work published in Grigorescu F, Flier JS, Kahn CR. Defect in insulin receptor phosphorylation in erythrocytes and fibroblasts associated with severe insulin resistance. J. Biol Chem 259:15003-15006, 1984.
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8. **Poretsky L.** Choices for Patients (letter), The New York Times, November 30, 1993.
9. **Poretsky L.** Diagnostic Scale (letter). The New York Times, June 18, 1994.
10. Rodriguez G. **Poretsky L.** Toradol Instead of Tapazole (letter). American Journal of Health System Pharmacy, Vol 52:1098, 1995.
11. Stolarczyk R, Laufer I, **Poretsky L.** Reply to Eriksson. Diab Care 20:1045, 1997 (letter).
12. **Poretsky L.** Purchase (short story). Novoye Russkoe Slovo (New Russian Word, Russian Daily Newspaper): p62, November, 7, 1997.
13. **Poretsky L.** "Chanukah in New York" Metropolitan Diary, The New York Times, January 26, 1998.
14. **Poretsky L.** Interviewed for "Popular drug for diabetes is scrutinized" by David Morrow, The New York Times, March 26, 1999.

15. **Poretsky L.** Chichikov's List (letter) The New York Times, April 9, 1999.
16. **Poretsky L.** "Great blue heron" (a poem). Outdoor Magazine, Fall 2000, p. 13.
17. **Poretsky L.** "The bear stanza" (a poem). The River Reporter, Jan 4th-10th issue, 2001.
18. **Poretsky L.** "Running deer" (a poem). The River Reporter, May 24, 2001.
19. **Poretsky L.** Interviewed for "Bristol-Meyers fights to lock in patients" by Gardiner Harris, Wall Street Journal, May 21, 2001.
20. **Poretsky L.** "Business is business", Metropolitan Diary, The New York Times, October 8, 2001.
21. **Poretsky L.** "Hare in the park" (a poem). Outdoors Magazine, p.75, October, 2001.
22. **Poretsky L.** Interviewed for "Abbot pushes its Synthroid, but should it?" by Gardiner Harris, Wall Street Journal, July 17, 2002.
23. **Poretsky L.** "An outdoor adventure" (a poem). River Reporter, August 15-21, 2002.
24. **Poretsky L.** "To fall in love" (a poem). River Reporter, February 13-19, 2003.
25. **Poretsky L.** Interviewed for "In the treatment of diabetes success often does not pay". The New York Times, January 11, 2006.
26. **Poretsky L.** Interviewed for "\$6 million gift resurrects a boot camp for diabetics". The New York Times, April 2, 2006.
27. **Poretsky L.** Interviewed for "What your doctor isn't saying". Men's Health, p. 177, November 2006.
28. **Poretsky L.** "Bonus", Metropolitan Diary, The New York Times, December 25, 2006.
29. **Poretsky L.** "Mother's hand" (a poem). Jewish Currents, May-June 2007.
30. **Poretsky L.** Interviewed for "Victories over diabetes". Daily News, October 28, 2007.
31. **Poretsky L.** Interviewed for "Beth Israel Medical Center Inaugurates The Gerald J. Friedman Diabetes Institute." Medical Update 8:4, December 2007.
32. **Poretsky L.** "Ice Cream and Tolstoy," Metropolitan Diary, The New York Times, December 3, 2007.
33. **Poretsky L.** Interviewed for "Bedeviled by the sugar sickness," The New York Times, March 2, 2008.
34. **Poretsky L.** Interviewed for "Regulators scuttle drug for diabetes," The Wall Street Journal, September 24, 2010.
36. **Poretsky L.** "Choices we make," Metropolitan Diary, The New York Times, June 27, 2011.

37. **Poretsky L.** Re: "Better use of medical records is good as far as it goes," Letter to the Editor, The Wall Street Journal, September 26, 2011.
38. **Poretsky L.** Re: "At what age would it be appropriate to perform genetic testing for diabetes?" Point/Counter, Endocrine Today, p. 11, September 2011.
39. **Poretsky L.** Gallery exhibit: "Be mine...always", an exhibition of love poems and photos. Poem: "Your Lips" by Leonid Poretsky and an art object by Leonid Poretsky and Lee Clayton. Alliance Gallery, Narrowsburg, New York, January 28-February 18, 2012.
40. **Poretsky L.** Re: "Meet the marriage killer," Letter to the Editor, The Wall Street Journal, February 8, 2012.
41. **Poretsky L.** The AGE-Less Way (online book review), Amazon.com, July 23, 2012.
42. **Poretsky L.** The Jewish plot: A story. On line: <http://jewishcurrents.org/the-jewish-plot-a-story-16445>, April 15, 2013. In print: "Jewish Currents", pp 40-42, Summer 2013.
43. **Poretsky L.** Re: "Physician, hear thyself—Why communication matters," Letters to the Editor, The Wall Street Journal, April 20-21, 2013.
44. **Poretsky L.** Re: "Readmissions often aren't culpable acts." Letters to the Editor, The Wall Street Journal, May 20, 2013.
45. **Poretsky L.** Re: "Traditional Medicare should be allowed to compete." Education Update, Vol. XXII, No. 3, pp 14, January/February 2017.
46. **Poretsky L.** Conceptual Art Event: "Thank you for coming." Dacia Gallery, New York, May 20, 2017.

VOLUNTEERING:

January 17-24, 2015 Volunteer Physician for the United States Bobsled and Skeleton Federation Europe Cup Skeleton Team.
-Saint Moritz, Switzerland
-Innsbruck, Austria

RECENT AWARDS:

April 2, 2018 *2018 Rosie Award* for advancing diversity; Amas Musical Theatre 49th Season Benefit Event

LEONID PORETSKY, M.D.

TRAINEES

Name	Level of Trainee	Role in Training and Inclusive Dates of Training	Training Venue	Trainees' Current Status/Employment
Marsha Tolentino, MD	Endocrine Fellow	07/01/99 – 06/30/01	Mentor for Clinical Research	Private Practice, Cebu, Phillippines
Anil Shrestha, MD	Endocrine Fellow	07/01/99 – 06/30/01	Mentor for Clinical Research	Private Office, Miami, Florida
Susan Zweig, MD	Endocrine Fellow	07/01/00 – 06/30/02	Mentor for Clinical Research	Attending, New York University
Jacek Zajac, MD	Endocrine Fellow	07/01/00 – 06/30/02	Mentor for Clinical Research	Private Practice Lombard, IL
Andrea Ferenczi, MD	Endocrine Fellow	07/01/01-06/30/03	Mentor for Clinical Research	Private Practice Peoria, AZ
Marzieh Salehi, MD	Endocrine Fellow	07/01/01-06/30/03	Mentor for Clinical Research	Attending, University of Cincinnati, OH
Rafael Bravo-Vera, MD	Endocrine Fellow	07/01/02-06/30/04	Mentor for Clinical Research	Novartis, Mexico City
Arsalan Sheikh, DO	Endocrine Fellow	07/01/02-06/30/04	Mentor for Clinical Research	Private Practice Baltimore, MD
Maria Paliou, MD	Endocrine Fellow	07/01/03-06/30/05	Mentor for Clinical Research	Chief, Endocrine, Metropolitan Hospital, NY
Jonathan Schlosser, DO	Endocrine Fellow	07/01/03-06/30/05	Mentor for Clinical Research	Private Practice, Suffern, NY
Julia Kaplun, MD	Endocrine Fellow	07/01/04-06/30/06	Mentor for Clinical Research	Private Practice, Suffern, NY
Lisen Liu, MD	Endocrine Fellow	07/01/04-06/30/06	Mentor for Clinical Research	Private Practice, New York City
Ramon E. Martinez, MD	Endocrine Fellow	07/01/05-06/30/07	Mentor for Clinical Research	Private Practice, Miami, Florida
Liqun Song, MD	Endocrine Fellow	07/01/05-06/30/07	Mentor for Clinical Research	Private Practice, Connecticut
Yuriy Gurevich, DO	Endocrine Fellow	07/01/06-06/30/08	Mentor for Clinical Research	Private Practice, Suffern, New York
Parini Patel, MD	ECRIP Fellow/ Endocrine Fellow	07/01/04-06/30/08	Mentor for Clinical Research	Private Practice, New Jersey
Marina Strizhevsky, DO	ECRIP Fellow/ Endocrine Fellow	07/01/05-06/30/09	Mentor for Clinical Research	Private Practice, New York City
Zinoviy Abelev, MD	Endocrine Fellow	07/01/07 – 06/30/09	Mentor for Clinical Research	Private Practice, New York
Stefan Cadag, DO	Endocrine Fellow	07/01/08-06/30/10	Mentor for Clinical Research	Attending, Mount Sinai Beth Israel
Sagit Zolotov, MD	Endocrine Fellow Research Track	07/01/05-06/30/10	Mentor for Clinical Research	Private Practice, Israel
Grishma Parikh, MD	ECRIP Fellow/ Friedman Fellow Endocrine Fellow	07/01/07 – 06/30/10	Mentor for Clinical Research	Private Practice, New Jersey
Bianca Alfonso, MD	ECRIP Fellow Endocrine Fellow	01/01/07-06/30/11	Mentor for Clinical Research	Private Practice, Miami, Florida

LEONID PORETSKY, M.D.

Name	Level of Trainee	Role in Training and Inclusive Dates of Training	Training Venue	Trainees' Current Status/Employment
Takako Araki, MD	Friedman Fellow Endocrine Fellow	07/01/08- 06/30/11	Mentor for Clinical Research	Attending, Kaiser Permanente, Los Angeles, CA
Yun Feng, MD	Endocrine Fellow	07/01/10 - 06/30/12	Mentor for Clinical Research	Private Practice, Connecticut
Amit Seth, MD	ECRIP Fellow Endocrine Fellow	07/01/09 - 06/30/12	Mentor for Clinical Research	Private Practice, Newark, New Jersey
Ashutosh Pareek, DO	ECRIP Fellow/ Endocrine Fellow	07/01/10- 06/30/13	Mentor for Clinical Research	Private Practice, Maryland
Carla Romero, MD	Endocrine Fellow	07/01/11 - 06/30/13	Mentor for Clinical Research	Attending, Mount Sinai Beth Israel
Ronak Patel, MD	Endocrine Fellow	07/01/12- 06/30/14	Mentor for Clinical Research	Private Practice Newark, New Jersey
Zi Jian Chen, MD	Endocrine Fellow	07/01/12- 06/30/14	Mentor for Clinical Research	Attending, Mount Sinai Medical Center
Erwyn Ong, MD	Endocrine Fellow	07/01/13- 09/01/14	Mentor for Clinical Research	Private Practice New Mexico
Halis Sonmez, MD	Endocrine Fellow	07/01/13- 09/01/14	Mentor for Clinical Research	Attending, Lenox Hill Hospital, New York
Dimitar Avtanski, Ph.D.	Fellow-Thanks to Scandinavia	2004-2008	Mentor for Clinical Research	Post-Doctoral Fellow- John Hopkins
Dima Yeshou, MD	IM Resident	2005	Mentor for Clinical Research	Endocrinologist, Private Practice, New Jersey
Yevgeniy Kantor, MD	IM Resident	2006	Mentor for Clinical Resident	Attending, Brooklyn Hospital
Michael Goldman, MD	Empire Clinical Research Fellow	2007	Mentor for Clinical Research	Nephrologist – Private Practice, Queens, NY
Gordon Burke, MD	Medical Student	2009	Mentor for Clinical Research	Internist Boston, MA
Prajesh M. Joshi, MD	IM Resident	2009	Mentor for Clinical Research	Endocrinologist – Private Practice, Rogers, AR
Miroslava Varadinova, Ph.D.	Research Fellow	2009	Mentor for Clinical Research	Sofia, Bulgaria
David Gajzer, MD	Friedman Fellow Research Fellow	2010	Mentor for Clinical Research	Fellow – Anesthesiology, Miami, FL
S. Kato, MD	IM Resident	2010	Mentor for Clinical Research	
Pauline Suwandhi, MD	Friedman Fellow	2010	Mentor for Clinical Research	Geriatrics, Montefiore Hospital
Dina Rapoport, MD	IM Resident	2011	Mentor for Clinical Research	Endocrinologist, NYU Hospital
So-Young Kim, MD	IM Resident	2011	Mentor for Clinical Research	Endocrinologist, Private Practice

LEONID PORETSKY, M.D.

Name	Level of Trainee	Role in Training and Inclusive Dates of Training	Training Venue	Trainees' Current Status/Employment
Natalia Branis, MD	IM Resident	2011	Mentor for Clinical Research	Internal Medicine Specialist
Nicole Babushkin	Research Assistant	2012	Mentor for Clinical Research	Medical School Student
Vanessa Sy-Po, MD	Volunteer	2012	Mentor for Clinical Research	FMLA – Birth of Child
Yael Hirth	Research Assistant	2013	Mentor for Clinical Research	FMLA – Birth of Child
Yu-Kue Lin, MD	IM Resident	07/01/13 – 06/30/14	Mentor for Clinical Research	Fellowship in Endocrinology–NIH
Julie Islam, MBBS	Research Fellow/ Friedman Fel`low	07/01/12 – 06/30/14	Mentor for Clinical Research	IM Resident, Metropolitan Hospital
Mahmoud Hassan, MD	Research Fellow	01/01/14 – 09/01/14	Mentor for Clinical Research	Master's Program, John Hopkins University, Baltimore, Maryland
Halis Sonmez, MD	ECRIP Fellow	12/01/15 – 04/04/17	Mentor for Clinical Research	Endocrinologist, NYU Queens Hospital, NY
Sarah Fishman, MD	Endocrine Fellow	07/01/16 – Present	Mentor for Clinical Research	In training
Trisha Newaz, DO	Endocrine Fellow	09/27/2017 – Present	Mentor for Clinical Research	In training